



ADDENDUM C

ATTENDANT CARE SERVICES

1. PROJECT DETAILS

1.1. Name of Project

Attendant Care Services. (Non-residential care of people with disabilities)

1.2 Contact Details:

Contact Person:	Rachel Legasa (Manager)
Telephone:	+27-11-646-8331
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Alternate Contact Person:	Jeanette Maclean (Corporate Communications)
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e-mail:	jeanettem@apdjhb.co.za
Website:	www.apdjhb.co.za
Postal Address:	Private Bag X1 Parkview 2122 South Africa
Physical Address:	Pallinghurst Road Westcliff 2193 South Africa



2. MANAGING BODY

2.1 Name:

Association for the Physically Disabled - Greater Johannesburg. (Please see **Addendum A** for full details.)

3. ATTENDANT CARE SERVICES

3.1 Project Period & Areas of Operation:

This is an ongoing project which first started in Soweto in 1990 and was extended to Tembisa in 1993.

3.2 Objectives:

- ♿ To meet the essential personal and hygiene needs of severely disabled clients living on their own or in the care of persons who are unable to provide such needs at appropriate times.



- ♿ To train physically disabled people to become independent in activities of daily living.
- ♿ To render quality services in order to ensure the dignity and improve the quality of life for terminally ill patients.
- ♿ To educate family members to take over the responsibilities for the correct care of their terminally ill relatives.

3.3 Services Being Provided:

Normal Assistance:

- ♿ Bathing
- ♿ Dressing
- ♿ Feeding
- ♿ General Hygiene
- ♿ Toileting

Specialised Assistance:

- ♿ Prevention & treatment of bedsores.
- ♿ Incontinent Management
- ♿ Exercises
- ♿ Training of family members

SO MUCH MORE THAN STATISTICS...

NORMAL ASSISTANCE



General hygiene

Previously bedridden HIV patient Sibongile Madisa (above) has recovered to such an extent since this photograph was taken, that she can now care for herself. She has relocated to Pieteraburg.





Dressing

Getting dressed can be very arduous if you are paralysed. After receiving the appropriate assistance from our care givers, France Mguni (above) is now able to dress himself.



Personal Hygiene

When we first started treating arthritis sufferer Anisa Thaba she was incapable of doing anything for herself. Today she is able to walk around the house and do most things for herself.



Feeding

Quadriplegic Wilson Cekiso will always be dependent on the care provided by APD's care givers.

3.4 Service Fees:

3.4.1 Private:

R90 per day or
R1 800 per month

3.4.2 APD:

R9 per visit or
Free to those clients who are very poor.

3.5 Clients:

3.5.1 Profile:


- ♿ Quadriplegics
- ♿ Paraplegics
- ♿ Hemiplegics
- ♿ The terminally ill:
 - Cancer
 - Aids
 - Other

3.5.2 Criteria:

- ♿ Must be physically disabled or terminally ill.
- ♿ Must be older than 18.
- ♿ Must reside in our area of operation.


SO MUCH MORE THAN STATISTICS...

SPECIALISED ASSISTANCE




Exercises

The courageous Morana Sello is one of our model clients. Conscientiously following our rehabilitation programme, this distortion sufferer is no longer bedridden. He takes care of his own personal hygiene and can even walk with the aid of a stick!



Training of family members

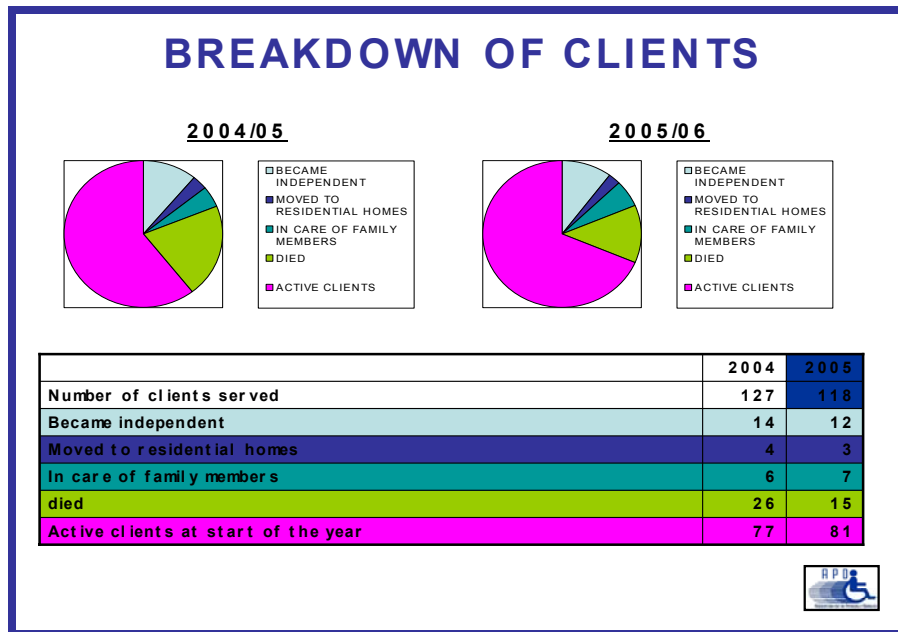
APD care giver Linah Makgopa (right) shows James Mohangwane's mother how to take care of her son. James was paralysed from the neck down during a motor vehicle accident in October 2004.



Training of family members to care for terminally ill relatives

10 years ago Mildred Kraai had a stroke which left her paralysed. We cared for her from 2000 until she passed away last year.

3.5.3 Clients during the period 01.04.05 to 31.03.06:



3.5.3 Number of individuals reached through the project:

BREAKDOWN OF BENEFICIARIES

CATEGORY	DIRECT	INDIRECT
Disabled Adults	118	472
Women	75	300
Elderly	36	144
HIV/AIDS	8	32
Unemployed	110	440
Disabled Children	0	0
Children	0	91
Youths	0	91
Homeless	0	91
Chronically Ill	38	152
Criminal Offenders	0	91
Drug Abusers	0	0

3.5.4 Expected number of clients during 2006/07:

The need for our services greatly exceeds our present capacity. The maximum number of clients we can handle with our present complement of **14 staff members** are:

Soweto: 70
Tembisa: 90



3.6 Major Challenges & Steps Being Taken to Address These:

1. **FAMILY TRAINING:** Remains our biggest challenge, despite the fact that we have managed to increase family participation by about 30%. To put even more effort into training, we would require additional staff members; something which we can't afford at the moment.

1.1 **CARE-GIVING:** Some co-operate for a period after our services have been terminated, but then neglect their duties and we are again called in to assist.

- We continue to devote more time to family training, which means that we spend more time with the families. After termination of our services, the care givers do follow-ups on a quarterly basis to check on the clients and families and give them the necessary support.

1.2 **ABUSE:** Some of our clients are subjected to emotional abuse as well as the abuse of their disability grants by their family members.

- We have managed to slightly reduce the abuse of disability grants by getting our care givers to teach family members how to do a budget. In cases where family members were not co-operative, care givers insisted on receiving receipts of purchases so that they could get proof that essentials, such as groceries, had been bought with the money.
- We continue to address these problems by alerting professionals - such as social workers - to the situation.
- In addition, we work hand-in-hand with the police.

2. **FUNDING:** As can be seen from the financials, this department is still running at a deficit.

- We have not only increased the number of proposals submitted to private sector, but also submitted proposals to, and had follow-up meetings with, representatives from both the Department of Social Services and Department of Health.

3. **CAPACITY:** More and more patients with HIV/Aids-related diseases are calling on us to help them. (According to statistics released by the Minister of Health in March 2004, around 50% of all patients in Gauteng hospitals have HIV-related diseases. Many of our clients are referred to us by local hospitals.)

In addition, some of our present clients want us to spend more time with them, while patients in areas we are presently not servicing (such as Johannesburg Central) want us to help them.

- The APD has had a comprehensive Strategic Planning session during which problems such as the above were discussed and several possible solutions - which are presently being investigated - put forward.

3.7 Money Matters:

3.7.1 Amount of money requested:

We would welcome any contribution towards our budget.

3.7.2 Budgeted Income & Expenditure 01.04.2006 – 31.03.2007:

INCOME	320 000
EXPENDITURE	808 900
NETT SURPLUS / (DEFICIT)	(488 900)

3.7.3 Bank Account Details:

Bank: First National Bank
Branch: Craighall
Branch Code: 255805
Account Name: Association for the Physically Disabled
Account Number: 50330238813
Type of Account: Current

3.8 The Way Forward:

THE NEED

- 2001 Census – Physically Disabled People In Gauteng = 84 917
- Cost Per Client = R5 055/client/year.
- 10% Of Census = R50 556 250 per year.

THE NEXT STEP FOR US

Johannesburg Central. ...*Please Join Us On This Journey.*

3.9 Final Word from our Clients:

VIEWS FROM SOME CLIENTS

The Mokoia Family:

we did not think that she would be fine physically but now it is different we have hope.

We really appreciate what you are doing and in the meantime paying next to nothing for the services. Thank you and keep up the excellent work.

Lina Thusile:

Thank you for the help you gave me. I am feeling much better now; I can now wash on my own, clean my house and do the cooking.

Once again a million thanks; please do not forsake me.



Our Actions Speak Louder Than Words

SO MUCH MORE THAN STATISTICS...



after
Esther Motshweni was paralised and bedridden for two years after suffering a stroke. Today she is up and about.



after
Michael was paralised from the waist down after an accident. Doctors told him that he would never walk again...



THANK YOU FOR YOUR SUPPORT, NOW AND IN THE FUTURE